

Be Respectful: We are all different, and that makes life interesting!

People who are safe to talk to online:

- Your classmates and family members people you can confirm usernames with in person
- People who have been approved by your parents
- *Remember to be careful because people can pretend to be anyone online

What to do when you disagree with a peer or friend online:

- Listen to the other person's thoughts this leads to understanding.
- Share your thoughts without putting the other person down stay on topic.
- Ask questions to better understand someone's point of view (ex. Why do you think that?).
- Use phrases like "Thank you for sharing your ideas. I disagree because..."

What to do when someone is disrespectful online:

- Stay calm and be polite explain that you do not want to keep talking if they cannot be kind.
- End the conversation if they do not speak with kindness mute the conversation or report/block the person.





Watch this video to learn why words matter.





How does it make the world better if you are kind and listen to others, even when you disagree with them?





Stay Informed: No fake news for me!

What to look for in a trustworthy source:

- Date of the article Was the article written recently? Are the events in the article current?
- Author Is this person an expert on the topic? Can they be trusted?
- Purpose Why was this article written? Who should read this?

Watch the videos below, then play the game to practice doing online research!







Play this game to learn how to do online research!





Why does it matter if the information we share online is accurate or reliable?





Stay Alert: Safety first!

Always remember:

- Be kind and respectful this includes public messages as well as private chats. Just because you cannot see or hear someone's reaction, does not mean you can't hurt their feelings online.
- Keep private information such as your full name, address, and current location to yourself. You cannot guarantee who can or cannot see it. This includes your passwords you do not want someone pretending to be you.
 - Play this game to practice making strong passwords!

What to do if you feel unsafe online:

- Tell a trusted adult.
- Immediately block and report anyone who is making you feel unsafe.
- Do not respond in any way.







Watch this video, then click here to play a game to test your knowledge of what is safe to share! Watch this video, then click here to play a game to practice being an upstander in the face of cyberbullying!

Watch this video, then think about the questions below.



Do you think the interactions in the third video were mostly positive or negative? Why? What would you do in that situation?





Get Engaged: Help others all over the world!

Brainstorm!

- Think about the problems you face every day.
- Do other people you know have a similar challenge?
- How can you help? Raising awareness? Teaching a skill?
- You can use this <u>guide</u> to help you plan.

You can create how-to videos to teach other people new skills.

- Use sites like Flip.com to create short videos so you can share your knowledge with your classmates!
- Ask your guardian to help you set up a YouTube channel where you can post videos to share your knowledge publicly!

Watch the video below to see how one student used technology to share his knowledge and passion with others!





Brainstorm some ideas for how you can help people in your community or other places in the world and share them with your guardian!

