



## JUNE 15, 2023



RAISING CANE'S RIVER CENTER | BATON ROUGE, LA



Louisiana Emergency Response Network What Can You Do To Save A Life?

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## **Topics Today**

LERN
 STROKE Recognition
 Heart Attack Awareness
 Hands Only CPR
 AED Use
 Stop the Bleed

## **Course Objectives**

- Understand the current status of trauma and time-sensitive system development in Louisiana
- ID an emergency situation and methods to provide a response
- Recognize the easy to use tools that anyone can use to save a life

### What is the Louisiana Emergency Response Network?

- By Legislation Responsible for developing and maintaining a statewide system of care coordination for patients with traumatic injury or time-sensitive illness (such as heart attack and stroke)
- The Louisiana Emergency Response Network (LERN) was created by legislation in 2004

## **LERN Board**

- LERN Board is governor appointed made up of 29 organizations that relate to all the components of a trauma and time sensitive illness system.
- It is a <u>governing</u> board that was created to plan, govern and direct the statewide system for trauma and time sensitive illness.

## **Regional Engagement**

- LERN is organized into 9 geographic regions
- Guided by Regional Commissions
- Commissions are an advisory body of key community, stakeholders
- Each Commission has a minimum of 12 members



## **LERN Partnerships**

#### Partners in the Network include:

- 120 additional hospitals with EDs, 54 ambulance companies, 4 air medical
- 35 of these are Receiving centers and 85 are Referral Hospitals
- Pre-hospital providers, Nurses, MD's, Specialists, Mid-level providers
- Multiple other entities/stakeholders throughout the state
- LERN Staff and the LERN Communication Center staff
- Louisiana Citizens

## Components of any Organized System of Care

- Data A Registry
- Pre-Hospital
- Acute Care
- Rehabilitation
- Injury/Illness Prevention
- Performance Improvement
- Education at all levels Including Public Awareness

## **STEMI (Heart Attack)**

## What is a STEMI?

- STEMI- means ST segment Elevation Myocardial infarction
- This is the *most severe* of all heart attacks.
- In a STEMI, the artery in your heart is completely blocked off by the blood clot, and as a result virtually all the heart muscle being supplied by the affected artery starts to die
- It is the most *time critical* of heart attacks to resolve.



LOUISIANA
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## The Goal

Goals of care: *timely* reopening of artery

- Clot-busting medications (easier, faster, less effective) within 30 minutes
- Primary PCI\* (more efficacious and safer but less available) within 90 minutes
   \*PCI = opening the artery using a balloon or stent

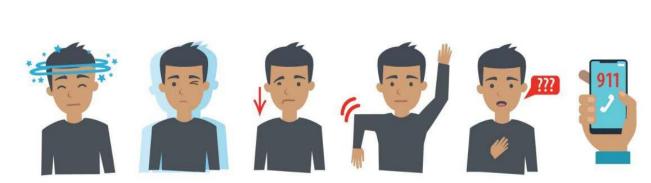
## Time as a therapeutic target in Acute myocardial infarction



## **Stroke Facts**

- Stroke is a "brain attack"
- Stroke can happen to anyone, at any
- age, and at anytime
- Two million brain cells die every minute during a stroke
- Stroke is the 5<sup>th</sup> leading cause of death in the U.S. (3rd cause of death in women)
- Leading cause of adult disability

## B.E.F.A.S.T. to stop Stroke in its TRACKS



BALANCE Is the person losing his/her coordination or balance? Is he/ she having trouble walking? EYES Is the person having trouble seeing out of one or both eyes? FACE Ask the person to smile. Does one side of the face droop? ARMS Ask the person to raise both arms. Does one arm drift down? SPEECH Ask the person to repeat a sentence. Are the words slurred? Is he/she having trouble getting words out?

#### TIME

If the person shows any of these symptoms, time is important. Call 911 and get to the hospital fast. Brain cells are dying.

"BE FAST was developed by Intermountain Healthcare, as an adaptation of the FAST model implemented by the American Stroke





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•FACE: Ask the person to smile. Does one side of the face droop?

- **ARMS:** Ask the person to raise both arms. Does one arm drift downward?
- •SPEECH: Ask the person to repeat a simple phase. Is their speech slurred or strange?
- TIME: Minutes = Brain cells. If you observe any of these signs – call 9-1-1 IMMEDIATELY!
- **TIME** 2: Terrible Headache (thunderclap)



#### To save lives

Easy to remember

Easy to teach

Prompts quick and efficient action

# Other Symptoms of Stroke (Sudden onset of any)

Numbness or weakness of the face, arm or leg, especially on one side of the body Confusion, trouble speaking or understanding
Severe headache with no known cause



If you find someone experiencing one or more of these symptoms, even for a short time, call 9-1-1
Medical options exist that may reduce the effects of stroke

Time from onset to definitive care makes a significant difference, as treatment must begin soon after the onset of symptoms

Stroke strikes **FAST**. You should BEFAST too!

## Hands Only CPR and AED





#### SAVE A LIFE

### STOP THE BLEED® Course American College of Surgeons

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Version 2



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The American College of Surgeons Committee on Trauma The American College of Emergency Physicians The National Association of Emergency Medical Technicians The Committee on Tactical Combat Casualty Care



## Some of the images shown during this presentation may be disturbing to some people.

Introduction | A-Alert | B-Bleeding | C-Compression |

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#### Why Do I Need This Training?

### The #1 cause of preventable death after injury is bleeding.

Introduction | A-Alert | B-Bleeding | C-Compression |

#### Where Can I Use This Training?

