



Literacy Grab & Go Toddlers (1½ - 2-year-olds)

Activity Title: Body Parts Nursery Rhymes and Songs

Domain: Literacy and Language

Activity Purpose: Singing nursery rhymes and songs is a great way to increase your child's listening skills and nurture their speech development.

Rationale

Nursery rhymes and songs are perfect at-home mini lessons. Nursery rhymes build your child's listening comprehension and give them practice following directions.

Materials: none

Description of Activity: With so many nursery rhymes and songs to choose from, you can't go wrong with any you choose. Focusing on certain nursery rhymes and songs by themes, like body parts, can help your child develop important language skills and information. The following nursery rhymes are all about different parts of the body and can help your child identify body parts when asked.

- *Simon Says*
- *Hokey Pokey*
- *Head, Shoulders, Knees, and Toes*
- *If You're Happy and You Know It*
- *Where is Thumbkin?*

You can search for lyrics to these songs on the internet if you aren't familiar with them.

Lagniappe: These songs are perfect for anytime learning. These songs are quick to add to your morning as you're beginning your day.

Encourage your child to repeat key words and simple phrases as they clap and dance to the nursery rhymes and songs you sing. For example, in the *Hokey Pokey* song, encourage them to sing along to "That's what it's all about."