

Strong Foundations For EC Classroom Management and Behavior Guidance



Purpose and Objectives

Purpose: This session will provide participants with high-quality early education classroom best practices that include effective classroom management and managing children's behavior to encourage learning.

Objectives:

- During this session, participants will:
- Gain an understanding of classroom space and materials as essential resources of effective classroom management
- Consider children's behaviors as a form of communication that can direct teaching and learning
- Develop an understanding of responsive behavior guidance

Agenda

- I. Purpose and Objectives
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Activity 1: Circle Time Song

Activity 1: Circle Time Song

Effective teachers know that music is a great way to establish classroom routines and manage activities throughout the day.

<u>Circle Time Song</u>

How can music be used to managed an early childhood classroom effectively and reduce challenging behaviors?

Early Childhood Classroom Management

Early Childhood Classroom Management - Space and Materials

A supportive environment uses effective strategies to assist children learn and practice appropriate and acceptable behaviors as an individual and within a group.

Within early childhood group care, establishing the space and materials in the classroom is the most effective classroom management strategy and promotes positive interactions and limits disruptive behaviors.

- Spaces and materials should meet children's behavioral and developmental needs
 - Materials and activities are available for children daily
 - Music and movement are embedded in daily activities

Early Childhood Classroom Management - Space and Materials

Examples of effective use of space and materials includes

- Ample space to provide groups of mobile infants or toddlers to move or play
- Equipment available for children who need to move
- Duplicates of popular toys to minimize conflicts and waiting
- Furniture arranged to reduce or eliminate problem behaviors (e.g., such as running)
- Space that feels private (but well-supervised) to provide mobile infants who need time to be alone

Early Childhood Classroom Management -Acknowledge Positive Behaviors

Effective classroom management includes acknowledging positive behaviors

- Notice self-regulation and kind behaviors, verbal or nonverbal
- Ignore minor distractions
- Encourage children on what they can do instead of what they cannot do
- Ensure comments are made directly to the child are sincere and positive about their achievements



Early Childhood Classroom Management - Model Appropriate Behaviors

Effective classroom management includes teachers modeling appropriate behaviors

- Model positive and supportive language
- Model sharing, taking turns, waiting
- Model problem-solving (how to resolve a conflict with someone else)
- Model appropriate ways for children to behave (e.g., such as using an "inside" voice

Early Childhood Classroom Management - Simple Guidelines

Effective classroom management includes teachers providing firm, consistent limits and expectations

- Help children understand that kind, cooperative behavior is expected
- Give positively worded directions (e.g., such as "Give gentle touches" rather than "Don't hit")
- Recognize that toddlers oppositional behaviors such as says "No" or tantrums is part of typical development
- Establish guidelines for mobile infants or toddlers that are simple, reasonable, and consistent

Activity 2: Behavior Has Meaning -Consider the Moment

Behavior Has Meaning - Consider the Moment



Consider these children's behaviors at a glance.

- What do you notice about each child?
- What advice would you give to the teacher?

Behavior Has Meaning - Consider the Moment

Consider the child's behavior at a glance. What do you notice about the child and how could you support this child?



Behavior Has Meaning - Consider the Moment



Consider these children's behaviors at a glance.

What do you notice about each child and what advice would you give to the teacher to provide responsive guidance?

Behavior Guidance

Behavior Guidance

Behavior in young children is a form of communication and has meaning.

- Children give us cues to help us understand what they want to communicate long before they have words
- Children feel valued and important when caregivers interpret their behavior cues and meet their wants or needs
- Children learn to develop their communication skills when caregivers recognize the meaning of children's behaviors and provide responsive care

Behavior Guidance

Form versus Function

Form: the behavior used to communicate Ask yourself: "What is the behavior?"

Function: the reason behind the communicative behavior Ask yourself: "What is the purpose of the behavior from the child's perspective?"



Behavior Guidance - Form of Communication

Forms of communication in young children include

- Crying
- Cooing
- Reaching for caregiver
- Kicking their legs
- Pointing
- Smiling
- Squealing
- Biting



Behavior Guidance - Function of Communication

Functions of communication in young children include

- Obtain an object, activity, or person
- Request help
- Initiate interactions with caregivers
- Seek or escape sensory stimulation
- Escape demands or activities
- Avoid a person
- Express emotion
- Express pain or illness
- Feeling sleepy or tired

Behavior Guidance - Meaning



Behavior in young children has meaning and it is important to understand these behaviors to support

- Children will learn to communicate their intentions, feeling, and emotions, reducing challenging behaviors
- Children build nurturing and responsive relationships
- Children develop skills based on adults' support

Behavior Guidance - Pause, Ask, and Respond

There are three steps that can be taken to understand the intent of a child's behavior or communication

Pause: Reflect on the possible meaning of the behavior. Think about what happened before the behavior occurred.

Ask: Ask yourself

- What do you think the child is trying to tell you? What is the intent behind the behavior?
- What do you know about the child that will help figure out the reason for the behavior?

Behavior Guidance - Pause, Ask, and Respond

Respond: Figure out the meaning of the behavior allows caregivers to respond in ways that meet children's needs.

- Determine what is motivating the child's behaviors
- Respond calmly
- Validate the child's emotions
- Provide positive feedback
- Teach a new skill

Example of An Appropriate Response: I recognize these moments as teaching opportunities. Therefore, when I respond, I ensure that the child feels validated, listened to, understood, and safe.

Behavior Guidance - Skill Development

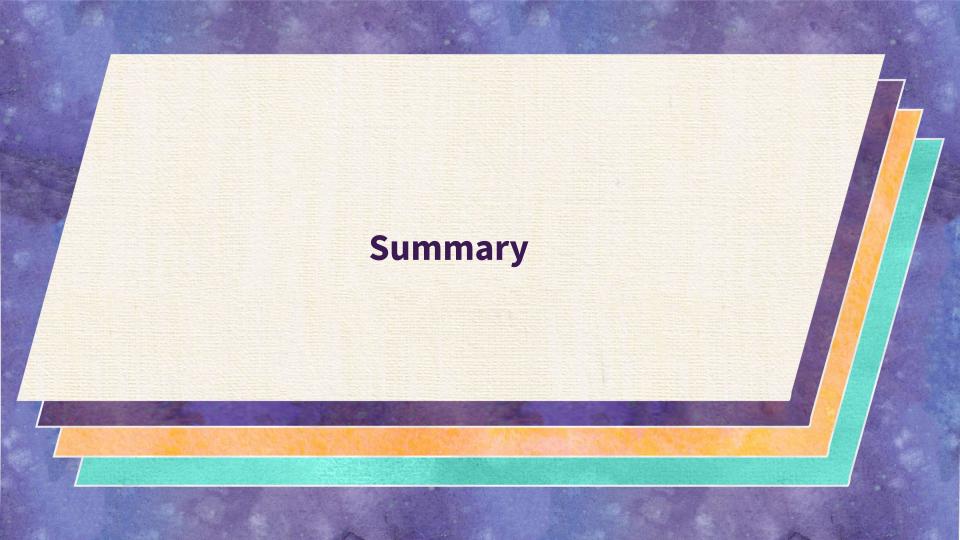
- Supporting children with behavior guidance supports their skill development
 - Communication skills
 - Ask for attention (e.g., hug)
 - Tell someone how you are feeling
 - Interpersonal skills
 - Asking for a toy
 - Waiting for a turn
 - Finding a solution
 - Working together



Activity 3: Form Versus Function -Behavior Guidance

Activity 3: Form Versus Function - Behavior Guidance

Child's Age	Form	Possible Function	
Infant	Crying	I am hunger I am tired I am wet	I want you to hold me I miss my caregiver It is too noisy
Toddler	Biting	l want that toy l am teething This is my space	I am really frustrated You told me "No" I want you to play with me
Preschooler	Hitting	I feel mad and do not know how to express it I do not want to stop	I do not want to share my favorite toy I want to play by myself



Summary

- The most effective classroom management strategies within early childhood group care are establishing the classroom space and providing materials, which facilitate positive interactions and limit disruptions.
- Children provide cues that help teachers understand what they want to communicate well before they can use words.
- Observing children and discovering the meaning behind their behaviors supports positive interactions, build their confidence, and supports skill development.
- As children learn to communicate with teachers through their behaviors, they express themselves, learn to manage their behaviors, and practice self-regulation.

Contact Information

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