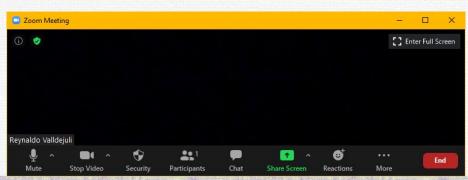
Zoom Meeting Preparation

- Please make sure your phone or computer is muted to minimize background noise.
 - o To do this, hover over the bottom left-hand side of your screen and click "Mute."
- Please make sure you have turned off your camera to save bandwidth and prevent any connectivity issues.
 - To do this, hover over the bottom left-hand side of your screen and click "Stop Video."
- Please submit questions during the presentation in the "Chat" function located on the bottom of your screen.



NOTICE: In accordance with the Americans with Disabilities Act, if you need special assistance at this meeting please contact

Idoecommunications@la.gov.







Well-Being Community of Practice
Monthly Call

March 15, 2023



Agenda

Time	Topic	Presenter
9:30 a.m 9:35 a.m.	Welcome	Rachel Bunch
9:35 a.m 9:40 a.m.	Innovative Idea	ViaLink - Sherrard Crespo
9:40 a.m 10:10 a.m.	Restorative Circles	Angela Watts - EBR
10:10 a.m 10:15 a.m.	Exit Ticket	Participants
10:15 a.m 10:20 a.m.	Reminders/Resources/ Questions	Rachel Bunch



Innovative Ideas

- Support group for teens
- Free swag wristbands
- Free school presentations
 - Suicide Education and Response
 - Crisis Intervention & De-Escalation
 - Trauma
 - Grief



Please contact screspo@vialink.org for questions



A Three-Tiered Approach to Mental Health Supports





Tier 2

- Psycho-educational Groups
 - Restorative Circles
 - Trust-Based Relational Intervention (TBRI)
 - Cognitive Behavior Intervention for Trauma in Schools (CBITS)
 - De Escalation/Reset rooms
 - Advisories



Building a Community of Care
One Circle at a Time

Ms. Angela Watts, M.A., M.H.C.
School Counselor
IIRP Licensed Restorative Practices Trainer+

Please contact <u>circlworks@gmail.com</u> for questions.



Goals and Objectives

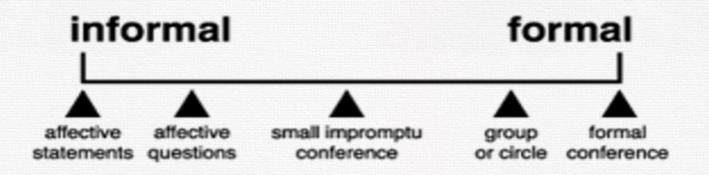
Change the mind change the culture -Shift staff mindset from use of traditional process to increase use of restorative process

- Understand the importance of the restorative practices continuum
- Punitive versus restorative discipline
- What type of educator am I?
- Understanding shame
- How to ask restorative questions?

Please contact <u>awatts1@ebrschools.org</u> for questions.



RESTORATIVE PRACTICES CONTINUUM





PUNITIVE VS. RESTORATIVE

	Punitive	Restorative
Misbehavior identified as:	Breaking school rules, disobeying authority	Harm done to one person/group by another
Process relies on:	Authority figure establishing what rules are broken, and who's to blame	Everyone working to problem solve,
Accountability defined as:	Receiving punishment	Suggesting ways to repair harm and restore community



PUNITIVE VS. RESTORATIVE

	Punitive	Restorative
Goal of the response:	Pain or unpleasantness to deter/prevent	Meaningful resolution to reconcile
Effects of the response:	Short term	Long term



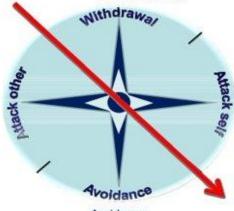
Social Discipline Window Ted Wachtel, International Institute for Restorative Practices HIGH WITH TO Control (limit setting & discipline) Restorative **Punitive** Cooperating Blaming Collaborating Stigmatizing Taking responsibility Being accountable **NEGLECTFUL PERMISSIVE** Ignoring Rescuing Surviving Excusing Reasoning NOT **FOR** LOW HIGH Support (encouragement, nurture)



Compass of Shame

Withdrawal:

- ·Isolating oneself
- ·Running and hiding



Attack self:

- ·Self put down
- Masochism

Avoidance:

- Denial
- ·Abusing drugs and alcohol
- ·Distraction through thrill seeking

M.Czarnecki Restorative

Attack other:

"Turning the tables"

 Lashing out verbally or physically

·Blaming the victim

W. Cearrice in Figure

Adapted from Nathanson, 1992, p.132.



Restorative Questions

Questions you can ask when responding to behaviors:	Questions to ask somebody that has been affected by the actions of others:
What happened?	What did you think when you realized what was happening?
What were you thinking about at the time?	What impact has this had on you? On others?



Restorative Questions

Questions you can ask when responding to behaviors:	Questions to ask somebody that has been affected by the actions of others:
What have you thought about since?	What has been the hardest thing for you?
Who has been affected by what happened? How?	What do you think needs to happen to make things right?
What do you think needs to happen to make things right?	



Exit Ticket

- 1. If your system is using restorative practices, please share your experiences.
- 2. If your system is not using restorative practices, how do you plan to implement them?
- 3. What additional Tier 2 Mental Health supports would be well-suited to your system?











Save the Date



Please contact healthycommunities@la.gov with questions.



School-Based Medicaid Monthly Webinar

A webinar for School-based Medicaid is held the third Tuesday of each month.

• Webinar Date and Time: Tuesday, March 21 at 2:30 p.m.

Webinar Link: https://ldoe.zoom.us/j/96590694307

Webinar ID: 965 9069 4307

• **Passcode:** 077921

Please contact <u>elizabeth.duncan@la.gov</u> with questions.



Learning Collaborative Opportunities

A series of 4 webinars covering programmatic requirements for school based Medicaid for school Medicaid coordinators, coordinators of school health services

- Understanding Medicaid, documentation, RMTS, reimbursement, parental consent, audit
- Register now for an upcoming session
- Spring Dates: March 20, 23, 27, 30
- Time: 9 a.m. 9:30 a.m.

Please contact elizabeth.duncan@la.gov for any questions.



Any Questions?







Helpful Information

Schedules, access links and information for the Department's webinars can be found in the <u>LDOE_Weekly Newsletter</u> and <u>School System Support Calendar</u>.

Please reach out to the following contacts with questions:

byron.hurst@la.gov	General questions about well-being
rachel.bunch@la.gov	Well-Being and Urgent Intervention Required - Discipline (UIR-D) - PBIS, Trauma Recovery Demonstration Grant
levillia.moore@la.gov	AWARE 2 and Louisiana School Social Work Grant
elizabeth.duncan@la.gov	School-Based Medicaid
erica.gilliam@la.gov	Well-Being Advisory Councils

michael.comeaux@la.gov	Healthy Communities: School Safety, School Health, School-based Medicaid, Transportation, Nursing, Suicide and Bullying Prevention
stephen.guccione@la.gov	Health/Physical Education, Whole School, Whole Community, Whole Child (WSCC) initiative, Professional Development and Technical Assistance







Well-Being Community of Practice Next Monthly Call:

April 19, 2023

