#### **Zoom Meeting Preparation**



- Please make sure your phone or computer is muted to minimize background noise.
  - o To do this, hover over the bottom left-hand side of your screen and click "Mute."



- Please make sure you have turned off your camera to save bandwidth and prevent any connectivity issues.
  - To do this, hover over the bottom left-hand side of your screen and click "Stop Video."



• Please submit questions during the presentation in the "Chat" function located on the bottom of your screen.



### **Healthy Schools Community of Practice Call**

January 25, 2024 2:00 p.m.



## **Healthy Communities Updates**



#### **School Physical Activity Award**

- To recognize outstanding public elementary and secondary schools that are implementing an outstanding physical activity program, the Department will be recognizing and honoring exemplary schools through the <u>School Physical</u> <u>Activity Award Overview</u>.
- The applications process window is January 5 February 20, 2024.
- Applications are to be submitted in the <u>application portal</u>.



#### Lead O.T. and P.T. Meeting

- The Louisiana Occupational Therapy Association and the LDOE will partner to host a
  meeting in Baton Rouge on March 13, 2024 from 8 a.m. 4 p.m. for Lead
  Occupational and Lead Physical Therapists working in Louisiana schools.
- The meeting provides a chance for lead therapists to collaborate on implementation of Medicaid claiming and allow discussion of school health services relative to OT and PT practice in schools.
- School system lead Occupational and Physical Therapist should <u>register</u> now for the annual Spring meeting
- The deadline to register is February 29, 2024.



#### **Spring Training for Medicaid School Based Services**

- The LDOE and Louisiana Department of Health will host in person Spring Training on Medicaid Funding for School Based Services.
- School systems are encouraged to register teams including the Medicaid coordinator of school based services, time study coordinator, business manager, nursing coordinator, and coordinators of behavioral health and therapy services.
- The training will be hosted in New Orleans, Baton Rouge, Mandeville, Lafayette, and Shreveport.
- <u>Register</u> your team for a convenient time and location.
- Registration ends February 24, 2024.



#### **Medicaid Eligibility Matching**

- New process for matching student Medicaid eligibility for school based services.
- DirectMatch and district authorized users can access the eScholar District Match application. Consult with your school system data manager.
- Instructions to Download Medicaid Files from eScholar and locate Medicaid ID number



#### Medicaid Ordering Prescribing Referring (OPR) Enrollment

- The August 31, 2023 <u>School-Based Program Provider Enrollment Requirement Memo</u> from the Louisiana Department of Health notified school districts of provider enrollment requirements.
- OPR provider enrollment requirements must be complete by December 30, 2023.
- OPR Enrollment Frequently Asked Questions is now available on the Louisiana Believes Medicaid Resource Page.



## Louisiana Mobile Crisis Response Teams

Kristin Savicki, Ph.D.

LDH: Office of Behavioral Health





## Louisiana Crisis Response Services System-Youth Expansion

Providing Mental Health Crisis Response Services in Schools January 2024

Kristin Savicki, Ph.D.

LDH: Office of Behavioral Health



Historical Response to Mental



- Limited mental health training for responders
- Resulting in possibility of:
  - Early initiation of involuntary processes
  - Fear of accessing services
  - Unnecessary hospitalization/ institutionalization
  - Unresolved mental health needs
  - High return utilizers (unmet needs)
  - Injury
  - Incarceration
  - Even death in some instances



This new crisis service array expands the options for a person in crisis or a concerned referrer.

# New Community-based Crisis Services



- Timely, trained crisis care response
- Resolution/relief-focused at every point of contact
- Warm hand-off to community services/supports
- Harm reduction
- Potentially involuntary (lower buy-in to services)
- Immediate emergency care access (overdose, suicide attempt)
- Person unwilling to seek services voluntarily & imminent risk to harm self/others
- Medical co-morbidity, intoxication, significant agitation
- Unresolved mental health needs (recidivism)

EMS/ER



Coroner/Law Enforcement



- Potentially involuntary
- •Immediate, but limited MH response
- Potential for incarceration/avoidable legal charges
- Higher recidivism







#### Someone To Talk To - The 988 Suicide and Crisis Lifeline

- Contact 988 for help dealing with all types of problems.
- Having a tough day, feeling stressed, anxious, depressed, or having thoughts of suicide, contact 988 to speak to a helpline specialist who can help.
- To reach a helpline specialist, **call** or **text** 988, **chat** at 988lifeline.org/chat.
- For deaf/hard of hearing use your preferred TTY relay provider or videophone for ASL users.
- Lifeline has dedicated centers for veterans, Spanish speakers, and LGBTQ+ under 25.



Free, confidential, and available 24/7

For more information visit www.louisiana988.org



• Mobile Crisis Response (MCR) — a mobile service available as an initial intervention for individuals in a self-identified crisis, in which teams deploy to where the individual is located in the community. The service is available 24/7 and includes maximum one (1) hour urban and two (2) hour rural face-to-face/onsite response times.



- Provider can render follow up support to the individual for up to 72 hours after the initial intervention
- During initial implementation, programs work modified hours; they are expected to expand in time



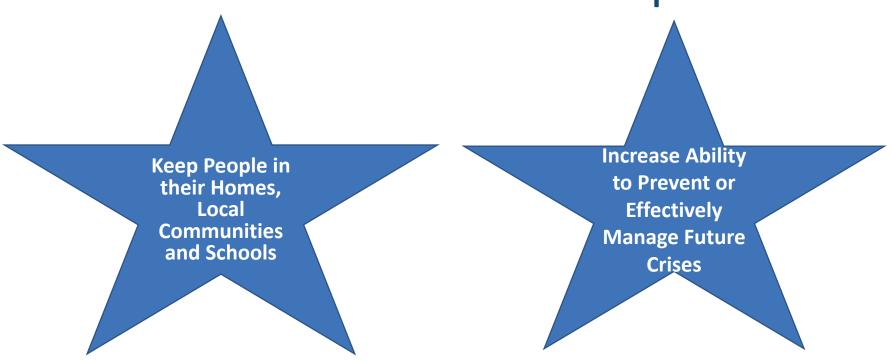
## **Making Home A Safer Place to Be**

Community Brief Crisis Support (CBCS) — a face to face intervention available to individuals subsequent to receipt of mobile crisis response services. This ongoing crisis intervention response is intended to be rendered for up to fifteen (15) days and are designed to provide relief, resolution and intervention through maintaining the member at home/community, de-escalating behavioral health needs, referring for treatment needs, and coordinating with local providers.





## Ultimate Aims of Crisis Response





#### What is Mobile Crisis Response (MCR)?

- Mobile resolution-focused, family-driven, crisis intervention and stabilization service available to LA Medicaid enrollees.
- Serves as an alternative to ambulances, emergency department admissions and the use of law enforcement when it is safe to do so.
- Uses a "just go" approach for all youth.
- Responds to students who are suicidal, aggressive, depressed, anxious, traumatized, disruptive and/or when their behaviors are generally concerning.
- Provides support to both students and their families.



#### What is a crisis?

Crisis response services are available based on the youth, family, or caregiver's self-definition that there is a crisis.

"All members who self-identify as experiencing a seriously acute psychological/emotional change, that results in a marked increase in personal distress and which exceeds the abilities and the resources of those involved to effectively resolve it, are eligible for initial/emergent crisis services."



#### What is a crisis?

The crisis is defined by the caller.

- The caller who identifies the crisis and initiates Mobile Crisis
  Response services for youth, may commonly be an adult currently
  serving in a caregiving role to the youth in the setting where the crisis
  is being experienced.
- This may include teacher or staff in a school setting where the youth is experiencing a crisis



#### Who will respond?

- MCR responds in 2-person teams initially to assess and address the crisis.
- The 2-person response teams include unlicensed mental health practitioners, alongside peer support specialists, all of whom are trained specifically in crisis response for youth.
- Deployed teams are supervised by Licensed Mental Health Practitioners (LMHPs) and enlist the assistance of an LMHP during deployment if needed.



#### What will the MCR team do?

- Provide an onsite face to face rapid response, typically within 1 (urban) to 2 (rural) hours, or at a preferred time within 24 hours.
- Provide crisis assessment and intervention services for a period of up to 72 hours.
- Develop of a safety plan including preventative and de-escalation strategies.
- Refer/connect/coordinate with new or existing supports and services.



#### When should school personnel call for Mobile Crisis Response?

- When a student is presenting with thoughts, moods or behaviors that require an urgent intervention to assess their safety or emotional well-being.
- When a student demonstrates behavior that interferes with their ability to function in school or other settings.



When should school personnel NOT call for Mobile Crisis Response?

- When a student requires immediate medical intervention.
- When a youth is at imminent risk to self or others and cannot be safely managed until the MCR team arrives.



What should school personnel do before requesting MCR?

- Follow the school's established policies and procedures when requesting mobile response services\*
- Make continuous efforts to obtain parental consent for MCR services, at the time of the call and during the time that the MCR team is dispatching to the school.



#### A word about parental consent:

- When the call is initiated by a caller who is not a parent (or person with legal authority) the caller must attempt to contact the parent (or person with legal authority) to obtain their consent for the minor in crisis to receive MCR services.
- If the parent (or person with legal authority) is not readily available, continuous efforts must be made by the caller and the MCR team to reach them throughout the minor's intervention.



#### A word about parental consent:

- The MCR team may respond in an emergency, even if attempts to obtain the parent or guardian's consent were unsuccessful, while continued attempts are made to contact the parent or guardian in order to obtain their consent for the services.
- In no event should services be rendered over the expressed objection of the parent.
- In the event the parent (or person with legal authority) refuses to consent to the MCR services for the minor, the intervention must cease once all immediate threats to the child's life are resolved.



## MOBILE CRISIS RESPONSE FOR YOUTH – STATUS AND NEXT STEPS

#### **Provider Selection**

- The LSUHSC Center for Evidence to Practice has reviewed applications for agencies interested in providing MCR services for youth; regional provider selection is being finalized now.
- Selected provider agencies will be engaged in comprehensive training with the LSUHSC Center for Evidence to Practice in February-March 2023.
- Regions with providers demonstrating readiness are projected to begin providing services in April 2024.
- For regions without an identified provider, efforts at provider recruitment and selection will continue, for implementation at a later date.



## MOBILE CRISIS RESPONSE FOR YOUTH – STATUS AND NEXT STEPS

For updates on regional rollout of crisis services to youth, check:

https://www.ldh.la.gov/page/crisis-system-of-care

<u>Current</u> information shows provider agencies and status of crisis response services to <u>adults</u>



Coming soon: listing of provider agencies selected for youth, and regions they will serve.

Provider	Regions Served	Mobile Crisis Response	Community Brief Crisis Support	Behavioral Health Crisis Care Center	Crisis Stabilization
Resources for Human Development, Inc.	1	April 2022	April 2022	No Provider Selected	No Provider Selected
Recovery Innovations DBA RI International	2	April 2022	April 2022	April 2022	August 2022
Start Corporation	3	April 2022	April 2022	April 2022	SFY24
No Provider Selected	4	No Provider Selected			
No Provider Selected	5	No Provider Selected			
Humanity 2020 Group	6	SFY24	SFY24	No Provider Selected	
CADA	7	SFY24	SFY24	SFY24	SFY24
Humanity 2020 Group	8	SFY24	SFY24	No Provider Selected	
Ness Healthcare	9	July 2022	June 2022	June 2022	No Provider Selected
Jefferson Parish Human Services Authority	10	July 2023	April 2022	April 2022	SYFY24



## MOBILE CRISIS RESPONSE FOR YOUTH – STATUS AND NEXT STEPS

#### MCR services and schools: What can schools and districts do now?

- Stay tuned! Regional youth crisis services providers will be coming online this spring. Look out for when services will begin in your area.
- Start considering your district's and school's policies and procedures for using MCR services:
  - How will you advise school personnel to integrate use of MCR services while adhering to existing safety policies?
  - How will you coordinate between MCR services and any existing school- or district-based crisis response services or protocols?
  - How will you manage parental consent issues?
  - How will you educate counselors/administrators/teachers on the MCR service and how to use it?
- When there is an identified youth crisis response provider in your region:
  - Meet with your MCR provider agency to build connections and collaborations.
  - Consider developing a Memorandum of Agreement with your regional MCR agency.
  - Look out for invitations to meetings of regional "Crisis Coalitions."



#### MCR SERVICES AND SCHOOLS:

Examples from other state MCR systems and collaboration with schools

In other states, MCR agencies and school districts have developed Memorandums of Agreement to:

- Define expectations from both the MCR team and schools
- Establish and maintain coordination and communication between the MCR team and the school.

These kinds of agreements, and relationships, between schools and MCR teams, are what makes mobile crisis response in schools successful – for schools and for students!

Example MOAs: <a href="https://www.mobilecrisisempsct.org/moa/">https://www.mobilecrisisempsct.org/moa/</a>



#### Additional information can be found at:

www.ldh.la.gov/crisis

www.louisiana988.org

#### **Crisis workforce development information at:**

www.laevidencetopractice.com/



### **THANK YOU**

Kristin Savicki, Ph.D.

**Psychologist** 

Office of Behavioral Health

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# **Healthy Schools Resources and Reminders**



Louisiana Association of School Transportation Officials

Register for the 2024 Spring
 LASTO Conference

- March 19-22, 2024
- Paragon Casino Resort -Marksville, Louisiana





## **Healthy Communities Team**

michael.comeaux@la.gov	Safe and Healthy Schools: School Safety, School Health, Transportation, Nursing, Suicide Prevention	
stephen.guccione@la.gov	Health/Physical Education, Coordinated School Health Program, Professional Development and Technical Assistance Support	
levillia.moore@la.gov	AWARE 2 and Louisiana School Social Work Expansion Grant	
elizabeth.duncan@la.gov	School-based Medicaid, Occupational and Physical Therapy	
erica.gilliam@la.gov	School Health Advisory Councils	



#### **Monthly Call Slides**

Monthly call presentations are available in the School System Planning Library.

- Office of Career and College Readiness
  - Healthy Communities
    - Healthy Schools Community of Practice

Schedules, access links and information for the Department's webinars can be found in the <u>LDOE</u> <u>Weekly Newsletter</u> and <u>School System Support</u> Calendar.



**Questions?** 



#### Healthy Schools Community of Practice

February 22, 2024

**Focus Presentation** 

**Project Aware and Mental Health Services** 

**Avoyelles Parish** 

