Zoom Meeting Preparation



- Please make sure your phone or computer is muted to minimize background noise.
 - To do this, hover over the bottom left-hand side of your screen and click "Mute."



- Please make sure you have turned off your camera to save bandwidth and prevent any connectivity issues.
 - To do this, hover over the bottom left-hand side of your screen and click "Stop Video."



 Please submit questions during the presentation in the "Chat" function located on the bottom of your screen.



If you require an interpreter or have other accessibility needs for future LDOE meetings, please contact <u>LDOEcommunications@la.gov</u>.

Child Welfare and Attendance Monthly Call



May 2, 2024

Agenda

- Introduction / Sign In
- Monthly Call Purpose
- Morning Inspiration & Activity
- Virtual Resource Fair Presenters
 - Daybreak
 - Panorama
- Updates



Monthly Call Purpose

• Focus: Agency, Belonging, and Connection

• Purpose: To cultivate a viable network for state CWA's to discuss evidence based best practices and offer support amongst colleagues.



Contact <u>shelneka.adams@la.gov</u> with questions.

Morning Inspiration



Morning Inspiration Under the Surface



Reflection and Activity

- What are your observations?
- What tools are you using to understand the unknowns that are contributing to absenteeism in your schools?
- Let's create our own family needs assessment. What questions should we ask families and students before the school year? When should we reassess students and families (mid-year, as needed, end of year)?



Virtual Resource Fair for CWAs

Shelneka Adams-Marsalone Child Welfare and Attendance Liaison

May 2, 2024

Presentation

Daybreak

Stacy Spinner





Student success starts with mental health.

Daybreak's school-based mental health programs are designed to give every student equitable access to high-quality and culturally competent care that meets their unique needs—at no cost to families.

Presented by: Tracy Spinner, M.Ed. Senior Account Manager tracyspinner@daybreakhealth.com



Supporting the Mental Health of Students in Louisiana

Daybreak partners with over 90 districts across the country representing millions of enrolled students, including those in Louisiana, to provide personalized and customized mental health support to help each student reach their full potential while aligning with the goals of the district.

Daybreak offers evidence-based K12 mental health programs via teletherapy and onsite services.



Mental health is an essential component of student success. By implementing programs that include both personalized, culturally-competent teletherapy for students—and classes for their families—we're equipped more than ever before to fully meet our diverse student communities where they are.

Joe Murphy, Superintendent, Livingston Parish Public Schools



Daybreak partners with K12 school districts to create equitable access to evidence-based therapy for *all* students.

Comprehensive Care & Proven Outcomes

K-12 teletherapy & onsite programs with proven clinical improvement.

Effective treatment reduces crisis escalations, Tier 3 interventions & chronic absences

82% clinical improvements Based on GAD-7/PHQ-9

92% behavioral improvements Reported by parents

80% academic improvements Reported by school staff with program completion

Rapid & Equitable Access to Care

Live intakes happen within **48 hours** from referral—sessions can happen at school or at home.

Student preferences are part of therapist matching, including **culture, language & personality**

48 hours to live intake session From time of referral

74% BIPOC, **I4** languages Across 200+ Daybreak clinicians

\$0 cost to families Cost is never a barrier for families

True District Partnership Drives Adoption

Daybreak's partnership managers provide support and data reporting for staff.

Referrals can be made by staff, students, and families to help **drive 2x program adoption.**

90% staff satisfaction With Daybreak partnership

2X therapy adoption vs. an average therapy roll-out

IOO+ district partnerships Serving as an extension of MTSS team

Financially Sustainable

Daybreak partners with health insurance to **save districts money** while serving more students.

Flexible options for unlimited services or a bundle of sessions.

50% savings with insurance cost-sharing vs. fully district-sponsored program

ROI delivered

Financial savings + proven outcomes = positive ROI

The Benefit of Daybreak's Programs have District Wide Positive Impact

Effective treatment reduces crisis escalations, Tier 3 interventions & chronic absences

- Attendance & Academic Achievement
- 80%

of school staff report improvements in attendance, grades and behavior.

Clinical Improvements

81%

of students show clinical improvements on the GAD/PHQ.

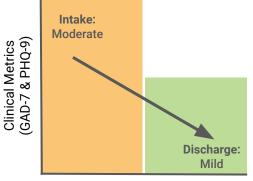
 Family Satisfaction



of families report that their child has had behavioral improvements at home.

Clinically Significant Results

Students move down a full level of severity from clinical to non-clinical symptoms, according GAD-7 (\downarrow 25%) & PHQ-9 (\downarrow 27%) scores.



Severity of Symptoms

Trusted by over 90 school districts, representing 1 million students, in districts across the country



States where Daybreak has insurance partnerships









Davis School District



























Partners in Louisiana and GROWING!

Daybreak in Louisiana

A Daybreak Health

3 6 54

2



We are thrilled to share that Livingston Parish Public Schools has partnered with Davbreak Health, a school-based mental health company, to provide teletherapy services to all of our high schools for kids who need it and mental health classes for families. These services will be provided at no cost to families throughout the year.

Access to high-quality mental care in Louisiana remains a significant barrier for teens and families. Nearly 62% of Louisianans between the ages o... See more

Mental Health Matters

Livingston Parish Public Schools is expanding our school-based mental health supports.



MENTAL HEALTH CLASSES

Families can take mental health classes, run by licensed clinicians, to learn more about youth mental health.



ரீ Like

C Comment

View more comments



This should be available for elementary and jr. high students as well!



Melissa Trapp Brown Jennifer Melancon Veazev absolutely



Mark your calendar for a free mental health webinar on January 25. Register here: https://us02web.zoom.us/.../WN_PPw2K-AKROW5PW g4c4lng...









Juan Treviño Licensed Clinical Social Worker. Davbreak Clinical Director



Livingston Parish Schools benefit from mental health program for high school students

January 21st, 2024

https://www.brproud.com/news/livingston-p arish-schools-benefit-from-mental-health-pr ogram-for-high-school-students/







Daybreak's school-based mental health programs & services





TELETHERAPY PROGRAMS

A 12-week 1:1 **teletherapy program** for middle and high school students and family teletherapy for elementary-aged students; **accessible before**, during, or after school hours and on Saturdays, year-round.

In addition to teletherapy, districts also have access to:

)=-	N
\Box	

Mental Health Classes for families and staff, led by licensed clinicians, on pressing youth mental health topics.



Universal Screeners

to screen for needs like anxiety, mood disorders, stressors, and trauma that impact students' day-to-day activities and identify where additional support may be needed.

ONSITE SERVICES

Our **onsite clinicians** provide end-to-end services including 1:1 therapy, diagnostic services, evaluations, group therapy, referrals, and more.

Our full-service program includes vetting, hiring, training, managing, and supervising K-12 onsite mental health clinicians.

K12 TELETHERAPY PROGRAMS

Telehealth achieves true equity in mental health access.

Our teletherapy programs are designed to meet the unique needs of every student, family, and school.

- Evidence-based K12 teletherapy programs focus on CBT skill-building & symptom reduction.
- Flexible treatment length, proven significant improvement within 12 weeks.
- 1:1 teletherapy for middle and high school, family teletherapy for elementary-aged students.
- 48 hours from referral to intake.
- All teletherapy services are offered at **no cost to families**.

I always thought that having a therapist meant something was wrong with me. I was wrong. Having a therapist means I have a place that is safe, somewhere that is only for me. You gave me that place. I never felt judged for being ME.



ONSITE MENTAL HEALTH SERVICES

The *only* school-based telehealth provider with a hybrid approach.

Daybreak's onsite clinicians quickly expand clinical capacity to support more students.

- Daybreak manages the full administrative burden of hiring, onboarding, supervision, and operations.
- Onsite therapists provide evaluations, short-term care, 1:1 therapy, group therapy & crisis support.
- Serve as an extension of school-based team with daily collaboration & impact reporting.
- Onsite **combined with teletherapy** ensures **all students have access** when and where they need it.

Our onsite Daybreak therapist has become an extension of our team. She has quickly built strong connections with our students and is helping them to meet their social emotional goals.



The Leading School-Based Mental Health Partner for K-12 Districts

Our mental health programs are designed to give students and families access to **high-quality** and **culturally competent care** that meets their unique needs—at **no cost to families**.



Daybreak **bills insurance** for school-based mental health services to ensure that no costs are incurred by families. This includes private, commercial, and Medicaid health plans.



Partnerships & Pricing

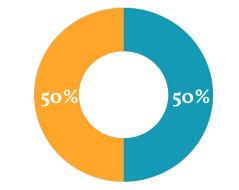
Daybreak Health offers customizable partnerships, tailored to district need and budget.

- **Bundle of Sessions Model:** The district can refer students to Daybreak based on focused group (i.e. middle school students).
- **Unlimited Referral Model:** The district can refer any student to Daybreak throughout the year, with no cap on referral volume (*recommended*)

For all partnerships, Daybreak Health utilizes a hybrid funding model that leverages both district and insurance contributions, ensuring that 1) cost never prohibits a student from accessing mental health care. 2) Daybreak is a financially sustainable partner for the long-term and 3) Districts are not funding 100% of the school based mental health services.

District Contribution

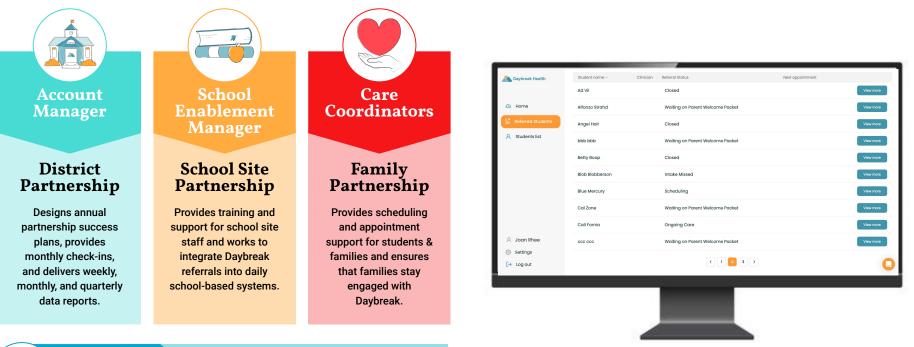
- Referral platform
- Care coordination
- School enablement
- Uninsured cost of care



Daybreak Contribution

- Experts in K-12 SBMH
- Consent/Intake/Eval Process
- Client Support Team
- Account Management/Data Analysis & Sharing
- Handles all billing

Our K12 Experts Serve as Strategic Partners—Guiding Schools and Families Through the Program



Tech Enabled

Q Q Q g

A leading platform that captures the end-to-end journey of students in care, making it easy for school staff to refer students and see status and progress in real-time.



How it Works

How it Works: Teletherapy Program

Our seamless process provides kids with quick access to a qualified clinician for personalized teletherapy services



Easy Referral

School staff member refers a student to Daybreak's services via a 3-minute intake form on a customized dashboard.

1:1 Intake Appointment

An experienced intake coordinator meets with each student or family to assess their needs and readiness for teletherapy as well as identify their preferences in a clinician.

Custom Clinical Match

Our proprietary matching process enables us to make a personalized match between a student and the right therapist for them. Our clinicians specialize across 26 different mental health conditions and 13 modalities of care, speak 8 languages, 74% report as BIPOC, and 14% as members of the LGTBQ+ community.



Ongoing Communication

Our team manages communication and coordination between school-based staff, Daybreak clinicians, and parents/guardians to schedule appointments, facilitate checkins, and ensure the appropriate documentation is completed.

Personalized Care

Every program is customized to each student, and can treat a broad range of mental health needs. Our skillbased therapy programs are built off of the foundations of Cognitive Behavioral Therapy (CBT) and Social Emotional Learning (SEL).

Guaranteed Outcomes:

06

Our model treats students to a place of concrete improvement symptomatically, functionally and behaviorally. We provide detailed reports when a student is discharged from our program.

Diverse Clinical Team

- Over **I50** clinicians
- Specialize in 26 different mental health conditions and 13 modalities of care
- 74% identify as BIPOC
- **I4%** identify as members of the LGBTQIA+ community
- 26 of our clinicians are Spanish speaking



of students say we matched them to the right clinician









Languages Spoken

Armenian • ASL • Chinese, Cantonese • English • Farsi • French • Hindi • Japanese • Mandarin • Portuguese • Russian • Spanish • Vietnamese • Russian







12-Week Teletherapy Program Overview

Intake within 1-2 weeks of referral.Beginning: • Diagnostic, uncovering needs • Evidence-based treatment planning • Identifying motivations • Rapport buildingMiddle: • Skill-Building • Identifying emotions • Elici change in presenting symptomsEnd: • Independent skills use • Impact assessment • Determine post-care transition planClinical Metrics (GAD/PHQ/WHO): every 2 weeks> 80% of students experience a reduction in symptoms after completing 12 week program 2X symptom reduction happens in weeks 7-12End: • Independent skills use • Impact assessment • Determine post-care transition plan	Intake	Weeks 1-3	Weeks 4 - 8	Weeks 9 - 12
(GAD/PHQ/WHO): every 2 weeks	referral. Assessment of need: Severity level, openness to virtual therapy, language, therapy	 Diagnostic, uncovering needs Evidence-based treatment planning Identifying motivations 	Skill-BuildingIdentifying emotionsElici change in presenting	Independent skills useImpact assessmentDetermine post-care transition
	(GAD/PHQ/WHO):	after completing 12 week program		

Feedback loop with family/school staff throughout treatment:

- Monthly check-ins with parents/guardians
- Monthly check-ins with school referring staff (optional)
- Discharge summary or post-care plan after 12th session



Dedicated Support for the District, School Site, and Family

The Daybreak Partnerships team brings years of school-based experience to our partnerships.

Account Manager (District Partnership)

- Design annual partnership success plans to integrate Daybreak into district systems
- Provide monthly check-ins and weekly/monthly/quarterly reporting

School Enablement Manager (School Site Partnership)

- Partner with school site staff members to integrate Daybreak referrals into daily systems
- Provide training and support for school site staff

Care Coordinators (Family Partnership)

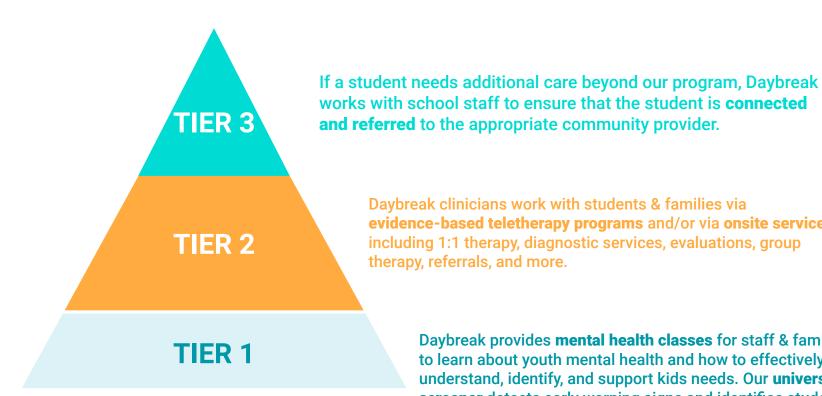
- Provide scheduling and appointment support for families and students
- Ensure families are maximizing the impact of Daybreak

Monitoring Utilization Throughout the Partnership

Daybreak's Account Management team provides district leaders with ongoing reports about the utilization and impact of services. Reports by include, but are not limited to:

Weekly Referral Report	 Daybreak provides a weekly PDF report to the district leadership/project lead Reports include an overview of how many referrals have been submitted by site
Monthly Project Check-Ins	 Project leads attend monthly check-ins with Daybreak Account Manager and clinical supervisor Account Manager will share updates on intake appointment outcomes, students in treatment, and clinical outcomes as they become available
Board Report Updates - Quarterly	 Daybreak Account Manager can help prepare monthly or quarterly board reports upon request Note: Some partners use slides from the monthly project check-ins for board reports
Mid-Year Cabinet Reports	 Daybreak Account Manager can help prepare bi-annual updates for the cabinet, focusing on clinical outcomes and progress indicators

How Daybreak Fits Into a District MTSS Framework



Daybreak provides mental health classes for staff & families to learn about youth mental health and how to effectively understand, identify, and support kids needs. Our universal screener detects early warning signs and identifies students who may need early intervention.

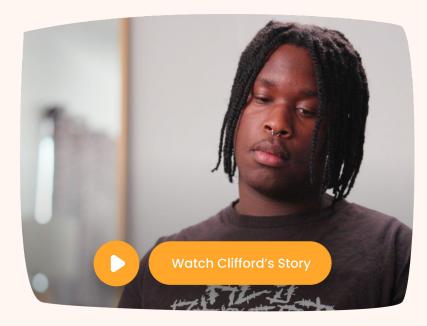
Daybreak clinicians work with students & families via

therapy, referrals, and more.

evidence-based teletherapy programs and/or via onsite services

including 1:1 therapy, diagnostic services, evaluations, group

A Powerful Student Impact Story: Meet Clifford





Questions?

Tracy Spinner, M.Ed., MPH Senior Account Executive tracyspinner@daybreakhealth.com 512-848-7139

Elementary Family Teletherapy Program

Elementary Family Teletherapy Program

- Designed for families of elementary-aged students, the goal is to educate and empower families and teach them the skills they need to help their child thrive.
- The skills and understanding of child development gained through this program can benefit all parents.

Improved outcomes

Families who are educated in CBT-specific therapeutic interventions, will see improvement in their child's mental health, behavior, attendance at school, and communication skills.

Designed for each individual family

Each teletherapy session is engaging and interactive and designed for each family's unique needs. The child will only be brought into sessions as recommended by the clinician.

Access to experienced clinicians

Families can attend up to 12 weekly sessions of teletherapy with an experienced clinician; the length of the treatment program will be determined based on individual needs.

Evidence-based program

The program uses evidence-based practices that are designed for families.

Flexible session times

Session times are flexible and can be scheduled after school hours. Each session will be ~50 minutes.

Elementary Family Teletherapy Details

Up to 12 sessions • No cost to families • For families of students ages 5-10 • Virtual sessions • Flexible hours and scheduling • Focus areas are tailored to each family • Highly qualified clinicians

This program can help parents whose children are struggling with issues like...

Anxiety & Worries • Depression & Sadness • Grief & Loss • Attention & Focus Issues • Sleep & Bedtime Routines • School Avoidance & Attendance Issues • Tantrums & Difficulty Regulating Emotions • Aggression & Conflict Resolution • Relationship Challenges • Issues with Co-Parenting, Divorce, or Blended Families



I: I Teletherapy Program Overview





Presenting Symptoms We Treat

1:1 Teletherapy, Ages 10-19, mild to moderate



Daybreak Health



Onsite Mental Health Program

Providing school-based mental health clinicians to increase students' access to therapy while removing the managerial and operational burdens from schools and districts.

Daybreak's Onsite Mental Health Program

Our full-service program provides end-to-end services for vetting, hiring, training, managing, and supervising K-12 onsite mental health clinicians.

Clinical Staffing Experts

Our clinical hiring team are experts—and have a proven track record—in finding, vetting, training, and retaining qualified and diverse clinicians.

Managerial & Operational Experience

We reduce the administrative burden by managing onsite staff and the day-to-day operations including scheduling, triaging, care coordination, reporting, and more. Our clinicians have access to Daybreak's EHR for tracking, documentation, and clinical outcomes.

Seamless Integration

Our clinicians work hand-in-hand with school-based teams and are in constant communication about each students care, progress, and treatment.

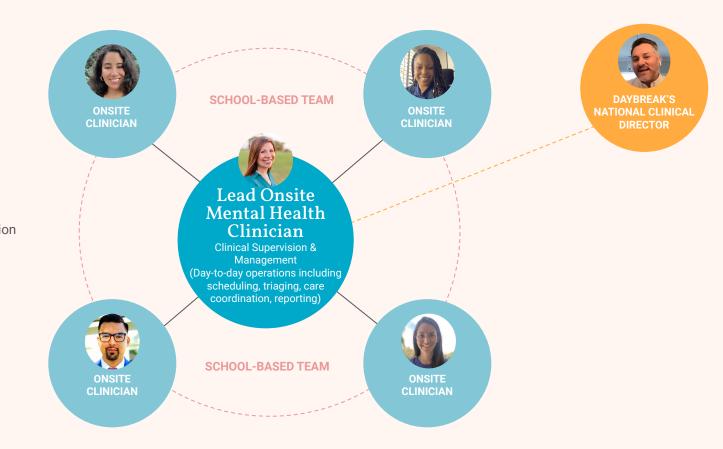
Increased Access

Onsite services allows more students to have easy access to mental health support throughout the school day, reducing barriers to getting care like transportation, time off from work/school, and limited capacity from community providers.



Onsite Mental Health Team (staffing example)

All Onsite Clinicians:
✓ Maintain Caseloads
✓ Provide Crisis Response Support
✓ Facilitate Group Therapy
✓ Can Work Across School Sites
✓ Complete Necessary Documentation



Universal Screener

Universal Screener

- **Early Identification**: Allows schools to screen for needs like anxiety, mood disorders, stressors, and trauma that impact students day-to-day activities.
- **Easy Implementation & Access**: Students take this assessment in-class, with a web-based link, and it only takes 10-15 minutes to complete.
- **Reporting & Data Sharing**: Schools staff can view the results at the individual-level as well as overall trends across schools that could inform training and universal supports.
- Individual Support: School staff can review individual results to determine levels of need, map to multi-tiered systems of support, and help inform their relationships with students.



Mental Health Professional Learning for Staff and Families

Mental Health Professional Learning for Staff & Families

Daybreak Health hosts and manages mental health education and classes for school districts to help families in the community, educators, and student-facing school employees (not including clinical staff) support the ongoing mental health challenges facing teens today.

- Educate families about the most common youth mental health challenges, relevant skill building, and preventative care through accessible, district-sponsored classes
- Scale adult support and capacity without needing to put more pressure on current teams or hiring new staff
- **Provide continuing educational opportunities** for families and staff so we can collectively support student mental health needs.



Panorama

Molly Hagan



Panorama for Louisiana Districts & Schools

Louisiana DOE Virtual Resource Fair May 2, 2024





Proudly Supporting Louisiana Partners

Panorama's mission is to radically improve education for every student.

- Partnering with 12 state agencies, and 1,500 districts, - supporting over 15 million students
- Bringing together student well being, MTSS/RTI, and PBIS
- Empowering educators with the data and tools to make informed decisions

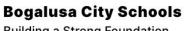












Building a Strong Foundation



Lincoln Parish Schools A Quality Education for a Quality Life



Improve educational outcomes with a holistic view of every student and build educator capacity to drive collaborative data-based decision-making.



Feedback Surveys

Survey platform to collect valid and reliable student, staff and family feedback to improve school climate, safety, and more.

Student Success

Evidence-based platform (ESSA Level II) centralizing MTSS data and workflows to increase efficiency and effectiveness of supports.



Well-being

Research-backed assessments and strategies to improve core academic skills and prepare students for college, career and life.



Mesa OnTime

Solution that automates graduation progress tracking and accuracy so schools can ensure every student is on track.



How Panorama Works



Centralize the data you need for MTSS. Panorama has experience integrating 20+ Student Information Systems & 100+ assessments, LMS, and behavior systems. Access user-friendly dashboards to understand the root causes of student, classroom, school, and district performance at all tiers. Respond to the data with simple intervention workflows, research and evidence-based strategies, and powerful MTSS team collaboration features.



NODERAJA 2023 ASSA LEVEL II

When schools routinely used Panorama Student Success, <u>all students benefited</u>:



Increase in math assessments



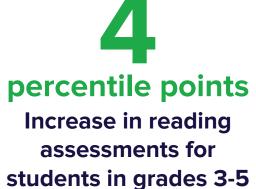
Increase in reading assessments



Finding: Impact of tracking interventions in Panorama

When schools used Panorama Student Success to **plan and track interventions**, they saw:

percentile points p Increase in math assessments for students in grades 6-12 s



NODER

SSA LEVEL



Study Summary

When schools used Panorama Student Success...



嚴



Majority of intervention plans reached stated goals All students were more likely to make larger learning gains over the course of the school year Students with intervention plans often had higher spring benchmark scores



Platform Overview



Thank you! + Q&A





Questions?

Resources

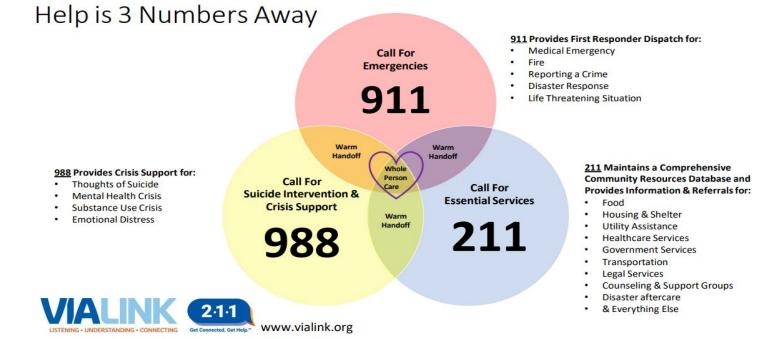
Louisiana Attendance Planning

- Attendance Action Planning Workbook
- Toolkit Slides
- Chronic Absenteeism Rate Report
- Attendance Action Plans
- Peer-learning Surveys

Perfect Attendance

OUISIA

ViaLink 2-1-1



LOUISIANY RANT OF EDUCT

Vialink

Updates

- The next monthly meeting will be June 6 at 8 a.m.
- Save The Date
 - International Association for <u>Truancy and Dropout</u> <u>Prevention Conference</u>
 - Sheraton Le Meridien Charlotte, NC
 - October 6-9

- Save The Date:
 - International Network for School Attendance (INSA) Conference
 - Astor Crowne Plaza
 New Orleans, LA
 - October 29 November 1

You Are Appreciated!

Contact<u>shelneka.adams@la.gov</u> for more information.