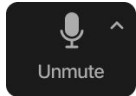


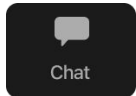
Zoom Meeting Preparation



- Please make sure your phone or computer is muted to minimize background noise.
 - To do this, hover over the bottom left-hand side of your screen and click “Mute.”



- Please make sure you have turned off your camera to save bandwidth and prevent any connectivity issues.
 - To do this, hover over the bottom left-hand side of your screen and click “Stop Video.”



- Please submit questions during the presentation in the “Chat” function located on the bottom of your screen.

If you require an interpreter or have other accessibility needs for future LDOE meetings, please contact LDOEcommunications@la.gov.



Safe and Healthy Schools Community of Practice Call

August 22, 2024



Safe and Healthy Schools Recognitions



LOUISIANA

SCHOOL HEALTH SERVICE PROVIDER

of the Year

Nominate Now

- Behavioral Health Provider
- Nurse
- Occupational Therapist
- Physical Therapist
- Speech/Language Pathologist

Contact elizabeth.duncan@la.gov for more information



School Physical Activity Award

To recognize outstanding public elementary and secondary schools that are implementing an outstanding physical activity program, the Department will be recognizing and honoring exemplary schools through the School Physical Activity Award.

[Nomination Form](#) is open through September 20, 2024.

Contact healthyschools@la.gov for more information



Special Transportation Training Opportunity

Register for Child Passenger Safety on School Bus Training

- School systems may register 4 participants for a session.
- School systems are asked to send one transportation administrator, special education administration, occupational therapist and physical therapist.
- Sessions are limited to 20 registrants per session and will be closed when maximum capacity is reached.
- All sessions will be held from 8 a.m. - 4 p.m.

Contact healthyschools@la.gov for more information



Medicaid Eligibility Matching

- Escholar is the recommended matching for student Medicaid eligibility for school based services.
- DirectMatch and district authorized users can access the eScholar District Match application. Consult with your school system data manager.
- [Instructions to Download Medicaid Files from eScholar and locate Medicaid ID number](#)
- Data managers should review and confirm the near match report each month.

For more information regarding the matching process
contact jayanthi.sothirajah@la.gov

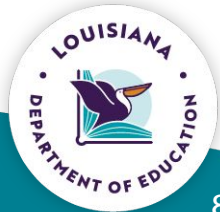


Digital Device Guidelines

The [Digital Devices Guidelines](#), developed in collaboration with the Louisiana Department of Health and other stakeholders, provide school systems with health and safety resources for the effective integration of digital devices in schools.

The resources are intended to provide school systems with age-appropriate time and usage guidelines regarding various [digital devices](#).

Please contact healthyschools@la.gov with any questions.



Substance Abuse and Mental Health Services Administration-(SAMHSA) Resources

- SAMHSA's [practitioner training](#) offers tools, training and technical assistance to practitioners in the field of mental health and substance use disorders.
- Mental Health Technology Transfer Center Network-MHTTC, [Training and Events](#) calendar offers online courses, interactive virtual training and quarterly learning collaboratives on topics related to mental health topics.



Training for New School Registered Nurses

School RNs who have previously taken the Train the Trainer course can teach new school RNs in school systems. If no school RN has taken this course, contact the Ventilator Assisted Care Program through Children's Hospital in New Orleans to assist with this training.

Systems can contact the Ventilator Assisted Care Program to schedule a training session at VACP@lcmchealth.org

For more information about the VAC Program visit their [website](#).

For more information contact Susan.Dupont@la.gov



The “How” to Create a Healthy School Environment

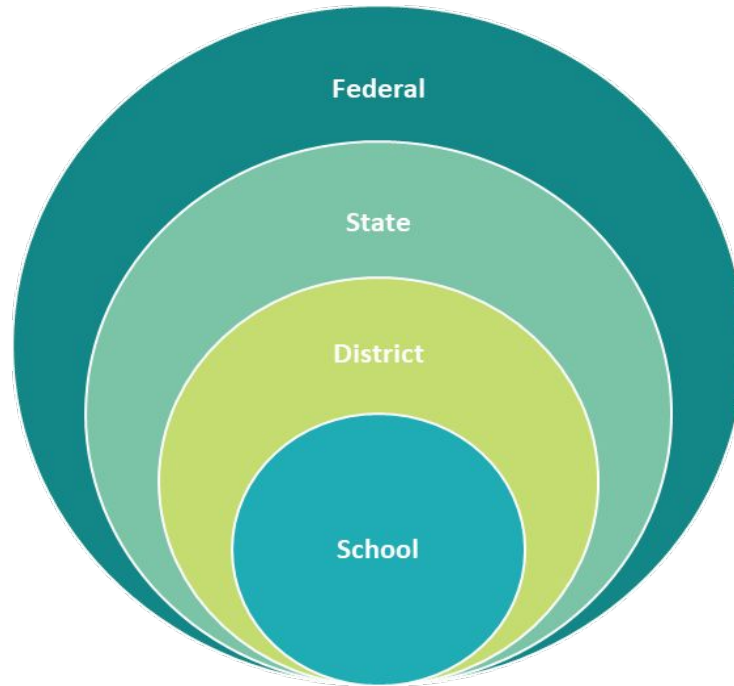


healthyschools@la.gov

Alignment with Education Policy

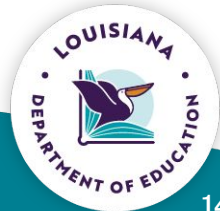


Alignment Flow Through



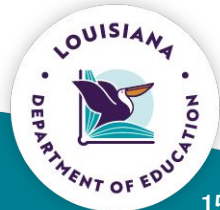
17:17:1 - District School Health Advisory Council

*“Each city, parish, and other local public school board shall establish a **school health advisory council** to advise the board on **physical activity for students, physical and health education, nutrition, and overall student health**. The council may advise the board on issues relative to compliance with school vending machine restrictions, use of physical fitness assessment results, and school recess policies. The council members shall be appointed by the school board and shall include parents of students and individuals representing the community”*



Local Wellness Policy

- A written document that guides a school district's efforts to create healthy and supportive environments that promote student wellness. Applies to each school under its jurisdiction.
- Required for any school district participating in federal Child Nutrition Programs, including NSLP or SBP (Healthy, Hunger-Free Kids Act of 2010).
- Coordinated school health can be integrated into the local school wellness policy and can help put into action several provisions of the Every Student Success Act (ESSA).



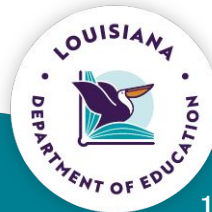
RS: 17:17.6-Targeted Coordinated School Health Program

The program shall be established for the purpose of reducing childhood obesity and shall bring together school administrators, teachers, other school employees, students, families and community members to assess health needs, set priorities, and plan, implement, and evaluate school health activities directed toward this purpose.



6 Step Process and Building Your Team







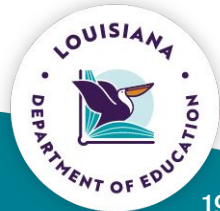
District Level SHAC

As stated above, Section D of RS 17:17.1 requires each school **district** to establish a **School Health Advisory Council (SHAC)**.

It is of Best Practice that the SHAC meet **four times per year** to create, update and educate their schools and community on the **Local School Wellness Policy**, and establish district goals on development and implementation of their Local School Wellness Policy.

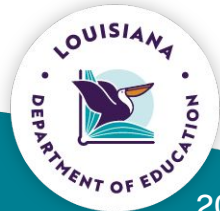
Additional Roles Include:

- Identify gaps in the district's health policies, programs and processes and locate resources to address gaps.
- Assist schools with challenges and resources to creating a culture of school health, and helping them celebrate the successes they achieve.
- Communicate with the school board on the progress of district and school health improvements.



District Level SHAC

Using the LCSH Model, the SHAC best functions when each of the 8 components are represented by someone within the school district.





Build support

School Level Health Team

In order to implement sustainable, healthy changes, each school within a school district should develop a school health team/wellness committee whose focus is on implementing programs and activities that meet the needs of their own students and staff.

Some roles and responsibilities of an action-oriented School Health Team/Wellness Committee are:

- Support the school in developing a healthier school environment by following the 6 Step Process
- Create the vision and goals for a healthy school
- Promote student, parent, and community involvement in developing a healthier school environment
- Plan, implement and evaluate program and policy efforts
- Provide feedback to district SHAC regarding progress on implementation of the district's local school wellness policy

**The School Health Team can be combined with existing school committees such as School Improvement Team, School Safety Team, etc – to align efforts and provide additional support and resources for their school community.



Poll Question

Does your **district** have a SHAC that advises the board on physical activity for students, physical and health education, nutrition, and overall student health?



Poll Question

Does your **school** have a team (e.g., school health council, committee) that offers guidance on developing policies or coordinates activities on health topics and collaborates with the District School Health Advisory Council?





Assess policies
& practices

School Health Assessment and Action Plan



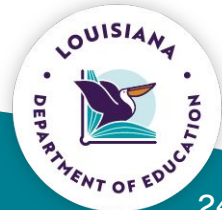
Develop your
Action Plan

Your SHAC & School Health Team play a major role in completing an initial assessment, and updating that assessment as changes are made. Your first SHAC & School Health Team Meeting is a great place to start working on your assessment together!

There are two online tools available for use free of charge that district SHAC's and School Health Teams can complete:

- Option A: The Centers for Disease Control's [School Health Index](#) is an online self-assessment and planning tool (also available in a downloadable, printable version) that schools can use to improve their health and safety policies and programs.
- Option B: Healthier Generation's [Thriving Schools Integrated Assessment \(THRIVE\)](#) is an evidence-based self-assessment tool to support districts and schools in identifying strengths and opportunities for improvement regarding policies and practices that promote student achievement and the well-being of students, staff, and teachers.

Once your District and School Assessment is complete, you're ready to begin developing an action plan! Both assessments mentioned above have action planning tools available on their platforms. We recommend that you choose 2-4 areas of improvement for your action plan each school year that align with your school's wellness vision and district's local school wellness policy.





LET'S MAKE OUR SCHOOL A HEALTHY SCHOOL!

START

Join the Healthy Schools Program

The 6 Step Process is a circular journey where schools continuously take a status check, work on making improvements, learn from successes and challenges and keep pushing the needle forward. When schools repeat the cycle each year, their healthy changes become embedded in the culture of the school and efforts to become a healthy school are sustained.

HERE'S WHAT IT LOOKS LIKE

Your School Wellness Team can move through the 6 Step Process together. That's easy enough to do when you hold regular, quarterly meetings.



HERE'S HOW YOU DO IT

1

1st School Wellness Team Meeting

WHEN: Within the first 2 months of joining the Healthy Schools Program

GOAL: Build your Team and start working on your Assessment.

AGENDA AND ACTION ITEMS:

- Decide who will be in charge of completing each of the Modules.
- Print off the Assessment Guide as handout.
- Following the meeting, each Team Member should work on his/her assigned Module.

2

2nd School Wellness Team Meeting

WHEN: Within the first 4 months of joining the Healthy Schools Program

GOAL: Move forward through your Assessment and Action Plan.

AGENDA AND ACTION ITEMS:

- Review your Assessment results.
- Choose a Module to focus on this school year.
- Identify 1-3 goals on your Action Plan to accomplish this school year.

3

3rd School Wellness Team Meeting

WHEN: Within the first 6 months of joining the Healthy Schools Program

GOAL: Check your progress on your Assessment and Action Plan.

AGENDA AND ACTION ITEMS:

- Update your Assessment.
- Review your Action Plan progress.
- Apply for the National Healthy Schools Award (if applicable).

4

(Final One!)

4th School Wellness Team Meeting

WHEN: Within the first 9 months of joining the Healthy Schools Program

GOAL: Celebrate your accomplishments and plan for next school year.

AGENDA AND ACTION ITEMS:

- Review your progress.
- Celebrate your accomplishments of the year.
- Choose a Module to focus on next school year.

CONTINUE

You'll want to hold these meetings every school year as you continue to make your school a healthy school!

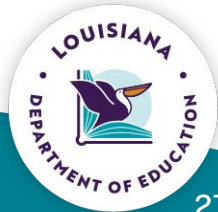
[Schools.HealthierGeneration.org](https://www.Schools.HealthierGeneration.org)



School Health Guidebook

Updating our School Health Guidebook -hoping for an early September completion.

Currently looking to create a roster for each district's school health contact. An email was sent to each district's Child Nutrition Director, but if you're aware of who that person is please complete this [short survey](#).



Safe and Healthy School Reminders



Safe and Healthy Schools Team

michael.comeaux@la.gov	Safe and Healthy Schools: School Safety, School Health, Transportation, Suicide Prevention
stephen.guccione@la.gov	Health/Physical Education, Coordinated School Health Program, Professional Development and Technical Assistance Support
levillia.moore@la.gov	AWARE 2 and Louisiana School Social Work Expansion Grant
elizabeth.duncan@la.gov	School-based Medicaid, Occupational and Physical Therapy
susan.dupont@la.gov	Louisiana Healthy Schools Initiative, School Nursing
erica.gilliam@la.gov	School Health Advisory Councils





Monthly Call Slides

Monthly call presentations are available in the [School System Planning Library](#).

- Office of Career and College Readiness
 - Healthy Communities
 - Healthy Schools Community of Practice

Schedules, access links and information for the Department's webinars can be found in the [LDOE Weekly Newsletter](#) and [School System Support Calendar](#).

Please contact healthyschools@la.gov





Next Safe & Healthy Schools Community of Practice Call:

**Supporting Students Through a
Multi-tiered System of Support
(MTSS)**

September 26 at 2:00 p.m.

Contact healthyschools@la.gov for questions regarding our community of practice calls.





Questions?