

LOUISIANA

# SCHOOL PHYSICAL ACTIVITY

## Award

## 2024 LOUISIANA SCHOOL PHYSICAL ACTIVITY AWARD HONOREES

The Louisiana Department of Education recognizes healthy and physically active students tend to have better grades, school attendance, cognitive performance, and classroom behaviors. Additionally, schools play a vital role in allowing students the opportunity for regular physical activity before, during, and after school. The Department honors exemplary schools through the [Louisiana School Physical Activity Award program](#) to recognize outstanding public elementary and secondary schools implementing an outstanding physical activity program.

*Congratulations to these outstanding schools!*



**BELLE CHASSE  
ACADEMY**

**Belle Chasse Academy** is a K-8 grade school in Belle Chasse, Louisiana. The school has demonstrated the importance of providing physical activity throughout the day by providing students with physical education that is tailored to their grade level, and the school makes accommodations for students with diverse needs with specialized Adapted Physical Education Teachers (APE) that modify activities so those students can participate and enjoy physical activity. The school allows students to participate in competitive sports before and after school. The school has involved parents and staff by incorporating challenges and programs to integrate the importance of physical activity and physical fitness into the school. In addition, the school provides recess to all students. Through their Positive Behavioral Intervention System (PBIS) program, students who demonstrate good behavior can earn tokens that can be applied to more recess time.



**CYPRESS GROVE  
MONTESSORI  
ACADEMY**

**Cypress Grove Elementary** is a PreK-6 grade school in the St. James Parish School District. The school has demonstrated the importance of Physical Activity throughout the day by incorporating community involvement in after-school activities. Students work in gardens and tend to chickens, and money has been raised to improve the overall outside infrastructure so that students can be physically active.

LOUISIANA

# SCHOOL PHYSICAL ACTIVITY Award

## 2024 LOUISIANA SCHOOL PHYSICAL ACTIVITY AWARD HONOREES



**PECAN GROVE  
PRIMARY SCHOOL**

**Pecan Grove Primary School** is a K-5 grade school in Ascension Parish School District. The school has demonstrated the importance of physical activity throughout the day by implementing physical activity programs after school through a running club that allows the students to build upon the foundation the school is setting in physical education class by exploring goal-setting, overcoming adversity, and challenges, enjoyment, and social interaction. Additionally, during after-school events like "Math & Literacy Night," and "Bring Your Family to PE," the PE department engages families in physical activity that highlights how it can impact learning with brain-body connections. The school has implemented an "Active Content Time" program that supports classroom teachers through movement-based instruction. The physical education teacher creates lessons tailored to the classroom setting, and the grade-level teachers incorporate those activities into their daily lesson plans. In addition, the school provides recess every day so that students can engage in unstructured free play.



**RAPIDES ACADEMY  
FOR ADVANCED  
ACADEMICS**

**Rapides Academy for Advanced Academics** is a 6-8 grade school in Rapides Parish School District. The school has demonstrated the importance of providing physical activity throughout the day by providing students with physical education (PE) fifty-four (54) minutes of instruction every other day. In PE, the students are taught life skills, skill development through sports activities, and kinesiology (bone and muscle activity for each day). Once a month, the school has a school house program where students compete with their houses in different challenges and activities for 30 minutes. Most of these activities target physical and mental components; also, students are offered recess each day to promote unstructured free-play physical activity. The school accommodates students with diverse needs with specialized Adapted Physical Education Teachers (APE) who modify activities so those students can participate and enjoy physical activity for a lifetime. Finally, the school includes community and family engagement activities at events that promote and encourage physical activity throughout the school year. For example, field day at the school brings together students, family, staff, and community to capture everyone's success, demonstrating the importance of incorporating physical activity throughout the day.

LOUISIANA

# SCHOOL PHYSICAL ACTIVITY Award

## 2024 LOUISIANA SCHOOL PHYSICAL ACTIVITY AWARD HONOREES



**SLAUGHTER  
ELEMENTARY SCHOOL**

**Slaughter Elementary School** is a PreK-6 grade school in the East Feliciana Parish School District. The school has demonstrated the importance of physical activity throughout the day by implementing a pilot program that offers students in grades 2 - 4 who participate in a healthy school breakfast an opportunity to engage in structured or unstructured physical activity. The school partners with the 21st Century Community Learning Centers to offer after-school programs that ensure that physical activity is extended after the school day. The EF Accelerate afterschool site coordinator has modeled the two-hour afterschool block after the school day schedule, meaning all students enrolled in the EF Accelerate after-school program have daily time for additional physical education as part of the afterschool program. The school physical education teachers have significant experience as intervention teachers, and they use this to differentiate their instruction in a way that maximizes the participation of students with physical disabilities and chronic health conditions. This process begins with a strong partnership with RKM Primary Care, which operates a school-based clinic at Slaughter Elementary. All students with physical disabilities and chronic health conditions, including asthma, have a school health plan that is revised annually in consultation with families, RKM staff, and school staff. Finally, the school offers opportunities through community outreach like field days and 4-H to incorporate physical activity and lifelong learning through planning and building gardens.



**MANDEVILLE  
HIGH SCHOOL**

**Mandeville High School** is a 9-12 grade school in the St. Tammany Parish School District. The school has demonstrated the importance of physical activity throughout the day by incorporating an early risers' before-school program where students can participate in various sports, fitness programs, and individualized activities. After-school physical activity consists of various sports programs or performing arts groups that students can participate in and engage in. The school also leverages community-focused activities and booster clubs to support daily physical activity. The school provides students opportunities to be physically active during classroom activities through kinesthetic learning activities like hopping on number lines or analyzing historical events through role-playing battles. In addition, the school believes every student deserves the opportunity to experience the joy and benefits of physical activity regardless of the student's abilities.