Thinking about Thinking: Self-Reflection Tool

Use with *Exploring* "Persistence and effective effort"

Use these prompts to help you reflect on the problem–solving experience.

1. When I first read the problem, I thought…
2. I started this problem/task by…
3. My initial strategy got me to this point in the problem…
4. I made a plan when…
5. When I got stuck, I…
6. I knew I was stuck because…
7. The approach I took with this problem (would or would not) work on other problems because…
8. If I were given a similar task, I would do the following differently…
9. What did I learn from this problem that I could use in solving other problems?
10. What have I learned about myself as a problem solver/learner?

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