

HEROIN AND OPIOID AWARENESS RESOURCES

Educator Resources

LIFE-SKILLS TRAINING

Separate curricula have been developed for elementary school students (grades three to six), middle or junior high students (grades 6 to 8, or grades 7 to 9), and high school students (grades 9 or 10).

www.lifeskillstraining.com

SMART MOVES, SMART CHOICES

Smart Moves, Smart Choices is a national awareness program designed to inform parents, teens and educators about the risks of teen prescription drug abuse and misuse, and to empower them to address this serious problem. www.smartmovessmartchoices.org

GENERATION RX

Provides educational curricula to people of all ages about the potential dangers of misusing prescription medications. www.generationrx.org

OPERATION PREVENTION

Operation Prevention is an initiative brought to you by the DEA and Discovery Education to educate elementary, middle and high school students about the true impacts of prescription opioid misuse and heroin use. www.operationprevention.com

Elementary Resources

SMART MOVES, SMART CHOICES TOOL KIT

Elementary schools and community organizations can begin educating children (grades K-5) and their parents about safe and proper use of over-the-counter and prescription medication.

www.smartmovessmartchoices.org/start-smart

OVER-THE-COUNTER (OTC) MEDICINE SAFETY: SCHOLASTIC LESSON PLANS

OTC Medicine Safety was created by the American Association of Poison Control Centers and Scholastic for use by teachers and students, as well as families and healthcare professionals. Now in its fifth year of use, the program has been shown to be effective in increasing students' knowledge about responsible OTC medicine use and storage. www.scholastic.com/otc-med-safety/teachers

OPERATION PREVENTION: ELEMENTARY EDUCATOR GUIDE

These lessons, students will investigate what medicine is and when, how, and why we take it. Through a series of activities, students will discover how medication enters our bodies to control illnesses that won't go away, helps prevent us from getting sick, and makes us feel better when we are sick. They will use this information to help explain the importance of responsibly consuming medications that are sold over-the-counter (OTC) and those prescribed by a doctor.

[View Educator guide](#)

KidsHealth in the Classroom TEACHER'S GUIDE: DRUGS (PREK- GRADE 2)

Teachers guide for Pre K - 2 that includes standards, related links, discussion questions, activities for students and reproducible materials.

<https://classroom.kidshealth.org/prekto2/problems/drugs/drugs.pdf>

D.A.R.E. *keepin' it REAL*

D.A.R.E.'s *keepin' it REAL* Elementary School curriculum continues a more than thirty year commitment to providing cutting edge instruction that helps prevent drug use by developing basic, core skills needed for safe and responsible choices...*skills that extend well beyond drugs to healthy and mature choices in life.*

<https://dare.org/education/>

Middle School Resources

Healthy Futures at NEA, RX FOR UNDERSTANDING: BE SMART ABOUT PRESCRIPTION DRUGS (GRADES 5-8)

Easy to use, standards-based, cross-curricular lesson plans for grades 5-8. The lessons in this guide represent a cross-curricular approach to teaching with a concentrated emphasis on national education standards, including the National Health Education Standards and the Common Core State Standards for English Language Arts and Mathematics. [Download the lesson plan](#)

KIDS HEALTH: DRUG EDUCATION • HEALTH PROBLEMS SERIES (GRADES 6-8)

Despite the fact that they're illegal and dangerous, drugs are still accessible to kids and teens. These activities will help your students learn what drugs do to the body and mind, and enable them to counter peer pressure to take drugs. www.classroom.kidshealth.org/6to8/problems/drugs/drugs.pdf

HEADS UP SCHOLASTIC: OPIOIDS AND THE OVERDOSE EPIDEMIC

Lesson plans, related articles, classroom materials and critical thinking questions for drug education with a focus on opioid overdose.

www.headsup.scholastic.com/teachers/opioid-overdose-epidemic

D.A.R.E. *keepin' it REAL*

Based upon more than 20 years of research by the Drug Resistance Strategies Project about why our youth use drugs, D.A.R.E. America collaborated with Penn State University and Arizona State University to create *keepin' it REAL*, a state-of-the-art, middle school substance abuse prevention program

[Education | D.A.R.E. America](#)

High School Resources

RX FOR UNDERSTANDING: PREVENTING PRESCRIPTION DRUG ABUSE (GRADES 9-12)

The guide contains 10 sequenced lessons geared for grades 9-12. The entire set of lessons is structured to function as a project-based mini-unit. There are lessons that provide direct instruction related to our three key themes: proper use, misuse, and abuse of prescription drugs.

https://www.gadoe.org/Curriculum-Instruction-and-Assessment/Curriculum-and-Instruction/Documents/Prescription%20Drug%20Abuse%20Prevention%20Program_Grades%209-12%20Lesson%20Plans.pdf

MY GENERATION RX: TEEN EDUCATION (EDUCATE TEENS ABOUT USING MEDICATIONS SAFELY)

A comprehensive guide that contains information to successfully present all of the teen resources. In addition, we've included a "Tips & Advice" handout for teens. Facilitators may elect to distribute this handout following an educational program or at an informational booth. www.generationrx.org/take-action/teen

OPERATION PREVENTION: HIGH SCHOOL DIGITAL LESSON GUIDE

In this lesson, students will examine misconceptions and facts about opioids. Through a series of investigations, they then will learn the science behind prescription opioid misuse and heroin use, overdose, and withdrawal. Students will discover that opioid use may start off as a choice, but it can become a chemical dependency. They will apply what they learn to explain the science behind authentic stories of prescription opioid misuse and heroin use.

[View the Educator guide](#)

Project Towards No Drug Abuse (TND)

Project TND is an effective, interactive classroom-based substance abuse prevention program that is based on more than two decades of successful research at the University of Southern California. Project TND focuses on three factors that predict tobacco, alcohol, and other drug use, violence-related behaviors, and other problem behaviors among youth, including: Motivation factors (i.e., students' attitudes, beliefs, expectations, and desires regarding drug use); Skills (effective communication, social self-control, and coping skills); Decision-making (i.e., how to make decisions that lead to health-promoting behaviors).

[TND: Project Towards No Drug Abuse](#)

D.A.R.E. *keepin' it REAL*

D.A.R.E.'s high school curricula program consists of three distinct modules that offer educators and law enforcement flexible and cost-effective options for providing students with relevant and timely information and tools to exercise responsible decision-making. The curricular components are independent, yet supportive of one another. The modules can be implemented individually, as companion pieces, or as a complete suite.

[Education | D.A.R.E. America](#)